

Name of Exercise: Vista
Aim of Exercise: To get students engaged and working productively with vocals
Length 5-10 mins
Headline/Summary (one sentence): Call and response game that plays with language delivery
Possible themes/curriculum links: Music English
Soft Skills/PHSE: Team work Confidence Focus Eye-contact
Resources/Space required: Ideally enough space for class to move around but can be done in and around desks
Step by step: <ol style="list-style-type: none"> 1. Class face teacher and are focused and engaged. Teacher asks them to copy what they do after they have done it. 2. Start by creating a rhythm – stamping feet/clapping hands/clicking fingers 3. Call and response is..... <p>VISTA</p> <p>A-COMMA-LA-COMMA-LA-COMMA-LA VISTA</p> <p>HEY, HEY, HEY, HEY, HEY LA VISTA</p> <p>IMPTA-MEENIE, DIPTA-MEENIE, OH LALALALALOTTA MEENIE</p> <p>ZIP-DIDDLY-DO-DA A DO-DA DAY</p> <ol style="list-style-type: none"> 4. Once class can do this well you start to add moving around the room and making eye contact as they do it (still stamping out the rhythm) 5. You can then try doing the lines in different characters e.g as a pop band, as opera singers, as rappers, as serious teachers, as cool dudes etc etc.
Alternatives: (ideas from different practitioners/context)
Follow Up Curriculum links/suggestions: <ul style="list-style-type: none"> - English – class can try out singing the words as specific characters from a book they are studying
Follow Up Drama links/suggestions: <ul style="list-style-type: none"> - Great way to introduce character work

